

新型コロナウイルス関連情報：  
ザンビアにおける感染防止措置の緩和

令和4年4月4日  
在ザンビア日本国大使館

4月1日、ザンビア保健省は同日付ステートメントにて、新型コロナウイルス第4波の感染者状況が落ち着いたこと（感染者数の激減、過去3週間の検査陽性率が平均5%以下を推移及び入院患者数と死者数の減少）を踏まえ、感染予防措置の緩和を公表したところ、概要は以下のとおりです（ステートメント別添）。

1 人の移動、旅行及びビジネスに対する行動制限は課されない。ザンビアへの渡航者は、ワクチン接種を完了している場合はPCR検査は不要であるが、未完了者はPCR検査による陰性証明書の提示が必要。

2 全ての教育機関及び職場は通常業務を再開する。

3 結婚式、パーティ、家族の集まり、スポーツ、音楽コンサート、祭り、公演、パレード、展示会、葬儀及び政治集会などの集会及びイベントは通常どおり行うことができるが、マスク着用及び手指消毒は継続する。

4 教育機関、職場、商業施設、密閉下での公共イベント、公共交通機関、室内での集会及び多くの人が集まる場合には、適切なマスクの着用及び頻繁な手指消毒の徹底が求められる。公共施設及びイベントの管理者の責任のもと、同措置を実施する。集会の開催にあたり、国立公衆衛生研究所による視察は不要。

5 12歳以上のワクチン未接種者は最寄りの保健施設におけるワクチン接種を推奨する。ワクチン接種を完了しているものはブースター接種を受けることを推奨する。

**【参考】**

■ザンビア保健省コールセンター

○連絡先：909（無料）、+260-974-493553、+260-953-898941、+260-964-638726  
（有料）

○Eメール：[ps@moh.gov.zm](mailto:ps@moh.gov.zm)

■ザンビア保健省ホームページ

<https://www.moh.gov.zm/>

■ ザンビア保健省Facebook

<https://www.facebook.com/mohzambia>

■ ザンビア国立公衆衛生研究所

<https://znphi.co.zm/>

[Zambia National Public Health Institute / Twitter](#)

■ 外務省安全ホームページ

<https://www.anzen.mofa.go.jp/>

### 【在留届・たびレジ】

このメールは在留届、たびレジに登録されたメールアドレスに配信されております。

3か月以上滞在される方は、在外公館が緊急時の連絡先を確認できるよう、必ず在留届を提出してください。

3か月未満の旅行や出張などの際には、渡航先の最新の安全情報や、緊急時に現地在外公館の連絡を受け取ることができるよう、外務省海外旅行登録「たびレジ」に登録してください。

<https://www.ezairyu.mofa.go.jp/index.html>

また、在留届の記載事項に変更がある方又は帰国・転出される方は、変更届、帰国・転出届を提出してください。

<https://www.ezairyu.mofa.go.jp/RRnet/residencereport/login>

「たびレジ」簡易登録をされた方で、メールの配信を変更・停止されたい場合は、以下の URL から停止手続きをお願いいたします。

<https://www.ezairyu.mofa.go.jp/tabireg/simple/delete>

災害や騒乱等が発生した際、ご家族、ご友人、同僚を守るため、一人でも多くの方に安全対策に関する情報が届くよう、在留届（3か月以上の滞在）の届出、又はたびレジ（3か月未満の滞在）の登録を、お知り合いの方や出張者・旅行者にご案内いただけますようお願いいたします。

### 【問合わせ先】

在ザンビア日本国大使館

Embassy of Japan in Zambia

住所：No. 5218, Haile Selassie Avenue, P.O. Box 34190, Lusaka, Zambia

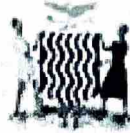
電話：+260-211-251-555

領事メール：jez.consul@lu.mofa.go.jp

領事窓口時間：08:00 - 12:00 / 14:00 - 16:00

ホームページ : <https://www.zm.emb-japan.go.jp>

Facebook: <https://www.facebook.com/JAPANinZAMBIA/>



**Republic of Zambia  
Ministry of Health**

**STATEMENT ON COVID-19 IN ZAMBIA**

**Lusaka (Friday 1<sup>st</sup> April 2022)**

**Members of the press, country men and women,**

Good morning to you all. I welcome you to today's Ministry of Health press briefing on COVID-19, and other matters related to our health security.

Zambia recently launched an Oral Polio Vaccine campaign in Eastern, Lusaka and Muchinga provinces targeting children aged 5 years and below. I am pleased to note the successful round 1 of vaccinations with all provinces registering over 98% coverage. It is heart-warming to see parents ensure their children get protected against the deadly and contagious polio virus.

We will be conducting a second round covering the whole country shortly. I call upon all of you to ensure your children get the Oral Polio Vaccine. This will OPV ensure that the children are protected, and we reduce any chance of importing polio into our country. It is my hope that the parents have also gotten themselves protected from the devastating COVID-19 through vaccination. Remember to be an effective parent or caregiver, you yourself must be in good health.

I am happy to report that we have continued to institute heightened surveillance for Polio and all children presenting with sudden onset of paralysis are examined for polio. So far, all samples tested from the suspects have confirmed that it is NOT polio. We will keep vigilant and continue with all measures to keep our country safe.

**Members of the press, country men and women,**

The COVID-19 outbreak situation in the country is encouraging as we note that the fourth wave is subsiding. The number of cases being reported daily have reduced significantly with the SARS-CoV-2 national average test positivity rate of less than 5% for over 3 weeks. We



also observe a reduced number of persons with COVID-19 being hospitalized or succumbing to death due to the disease.

We still remain cognisant of the continued threat as SARS-CoV-2 virus continues to be transmitted in many parts of the world including within Zambia. We are thus cautious of the approaches we use to determine how we de-escalate some COVID-19 prevention and mitigation measures.

Following a COVID-19 risk assessment which revealed a low transmission rate of SARS-CoV-2, we have adjusted the following Public Health and Social Measures (PHSM) with immediate effect:

- There will be no restrictions on population movement and travel and business operations; Furthermore, persons travelling to Zambia will no longer need to have a PCR test. However, one must be fully vaccinated to forgo the test. Those not fully vaccinated must provide evidence of SAR-CoV-2 negative by PCR test.
- All learning institutions and places of work shall resume normal schedule.
- Public gathering or events including but not limited to, weddings, parties, family gatherings, sports, music concerts, festivals, performances, parades, exhibitions, funerals, burials, religious gatherings and others shall now be permitted to operate normally but maintain masking up and practice hand hygiene.
- We continue to emphasize the need to ensure the wearing of facemasks consistently and correctly as well as frequent hand hygiene practices in all learning institutions, workplaces, business premises, closed public events, on public transport, indoor public gatherings and any other congregate settings.
- We expect managers of all public places and events to abide and enforce these measures responsibly. Going forward, there will be no need to seek authority from the Ministry of Health or ZNPHI for inspections of premise to host public events. Please note that this may be revoked if we see that our public health security is threatened.
- Meanwhile, all unvaccinated eligible individuals (12 years and above) are encouraged to be get vaccinated at their nearest health facilities; and those who are fully vaccinated to get booster doses accordingly.



**Members of the press, country men and women,**

In the last 24 hours we recorded 91 new COVID-19 cases out of 2,498 tests conducted countrywide, giving an overall national positivity of 4%. Notably, Muchinga province did not record any new positive cases in the last 24 hours. Our national positivity has been below 5% for over two weeks now indicating that community transmission is low; we must all protect this status quo by ensuring we continue to adhere to the public health and safety measures. We had 6 new admissions, which is slightly more admissions than we have seen in the past couple of weeks. On the other hand, we discharged a total of 113 patients from both home and facility management, leaving 726 active cases nationwide. Of the current active cases nationwide, only 14 (2%) require hospitalisation, and these are spread across five provinces only, namely North-western (4), Eastern (3), Lusaka (3), Copperbelt (2) and Southern (2). Of these, 5 (36%) are on oxygen therapy and for the eighth consecutive day we report that none of our admitted patients are classified as critically ill. In similarly encouraging news, we have not reported any new deaths in the past seven days.

**Members of the press, country men and women,**

Our COVID-19 vaccination campaign undoubtedly continues to play a key role in keeping our COVID-19 numbers low. We administered close to 17,000 doses in the last 24 hours, including booster vaccinations and vaccines to children. This brings the cumulative number of vaccinated eligible persons to date to 1,238,650 for dose 1 and 2,207,102 fully vaccinated. A further 67,024 persons have received booster doses so far. To date, 199,178 children aged 12-17 years have received their first dose and 22,519 have received the second dose vaccinations.

I wish to emphasise that while we have lifted many restrictions, there is need to continue adhering to the 'five' golden rules. We remain at risk of an upsurge for as long as the SARS-CoV-2 is still being transmitted globally.

I thank you all and God bless you all.



Hon. Sylvia T. Masebo, MP

**Minister of Health**